

info@seanwhitfield.com.au | www.seanwhitfield.com.au

Sporting Goals

To become a International Professional Cyclist riding for a World Tour Team.

Short Term

 To join a Continental / Pro Continental Team for 2016, and be a contributing member of the team whilst learning and gaining experience, working toward a international cycling career.

Medium / Long Term

 To become a valued member of a World Tour Team, capable of successfully racing and working within a team environment.



2016 and beyond

Sean is fully aware that sport is a business, for himself, his team and his sponsors, and to succeed he must have a professional approach to everything he does. He understands that his behavior and appearance, his approach to teams and his skill in competition holds the key to his future sporting career.

Sean is a extremely strong and fast young cyclist. He is always learning and willing to work, he mixes well with is peers and exudes confidence within the team environment. As his body continues to develop, he is showing strong signs of high level endurance during races whilst maintaining strength for sprinting in final stages.

2016 will be an important year, as Sean works toward a competitive career. He is hoping to join a team that will provide opportunities for growth and learning, opportunities to work as part of a team and the chance to show his racing skills.

After being part of "Team Scody Downunder" for 3 years racing in Australia, Sean has decided the time is right to take the next step and is looking forward to committing to a international team for 2016 and beyond. Given the opportunity, Sean will show his willingness and suitability to be part of a team, to develop into a strong competitive athlete, using his skills for the success of the team first, and his own goals second.

Sean Whitfield - Resume



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Statistics

DOB 11/05/1995 - Age 20

Height 193cm

Weight 79kg

2015 Peak Power - 1593 watts

Power statistics available - Quarq power meters

Background

Sean has grown up as a sporting and competitive youngster. At the age of 14, Sean gave up a promising international career in his previous sporting activities to concentrate on cycling. At the age of 17, he was signed by "Team Scody Downunder" (then Team ProDownunder) which was an Australian National Road Series (NRS) team.

The NRS is the Australian elite cycling competition series, incorporating events throughout the year, in different areas across Australia. Teams for this series include all the Australian based UCI Continental Teams, all Australian State Institute of Sport Teams, and elite amateur and club teams.

Sean's role within Team Scody Downunder (TSD) has evolved from learning as domestique in his first year, becoming lead out rider for sprinter Scott Sunderland and team support in his second year. Now into his third year with TSD, Sean is maturing into a senior role within the team. He has gained the respect of his peers with his maturity and flexibility as a rider, his high performance sprint results and his growing in strength and endurance on the road.

The next step this year will be to back up his result from last years Melbourne to Warrnambool race. The "Warrnambool" will be 120 years old next year, and it will also be its 100th running. It is the world's second-oldest existing bike race and the Southern Hemisphere's longest one-day classic (273km). To achieve 12th last year, 5 seconds short of catching the break of 6, was a personal highlight for Sean, then only 19 and riding against the highest elite riders in Australia. This year he will return with higher expectations.

Sean Whitfield - Resume 2



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Highlights

2015

MAY

Cootamundra Haycarters Recovery Handicap

1st

APRIL

National Road Series - Jayco Adelaide Tour

Stage 2 - 6th Place (field of 147)

Stage 3 - 13th Place (field of 129)

Stage 4 - 23rd Place (field of 128)

Tolland Open (Wagga Wagga)

Saturday - 9th Sunday - 2nd

JANUARY

Australian Capital Territory Criterium Championships (u23)

3rd

2014

DEC

Tour of Bright

1st Place - Points Competition

OCT

National Road Series -

Melbourne to Warrnambool Cycling Classic

12th Place (273km, Field of 189)

2013

Joined Team Scody Downunder 2013

SEPT

National Road Series - Tour of the Murray River

Stage 5 - 7th Place (field of 92)



Referees

Alex Simmons, Technical Director and Senior Coach, RST Sport,

alex@rstsport.com

Tom Palmer,
General Manager, Pat's Veg Cycling
tom@patsvegcycling.com

Sean Whitfield - Resume 3